Day to Day ways to live out devotion to the Sacred Heart:

**HOLY EUCHARIST**
- By being in Eucharistic Communion with the Catholic Church through participation in Sunday Mass and holy days of obligation.
- By often receiving Jesus in Holy Communion especially First Friday.
- By spending time Adoring Jesus in the Blessed Sacrament.

**PRAYER**
- By gathering together before the Image of Our Lord’s Sacred Heart to pray morning and evening prayers, read Sacred Scripture, pray the Rosary, to speak heart to heart with Jesus.
- By coming before the Image to involve Jesus in your joys and sorrows and ask His advice in family decisions, disputes or problems.

**PENANCE**
- By being open to forgiving and forgiveness and by receiving the Sacrament of Reconciliation monthly if possible.
- Offering sacrifices for reparation of sin.

The Sacred Heart of Jesus Congress

*Sacred Heart of Jesus I implore, that I may ever love Thee more and more!*

We cannot serve one whom we do not love and we cannot love one whom we do not know. By drawing close to Our Lord’s Sacred Heart we are drawing close to the very center of all that defines reality. Enthroning Our Lord’s Sacred Heart in your life, in your home, and in your family is a great step towards coming to know, to love and to serve Jesus Christ. To assist you in keeping alive this relationship with Our Lord it is important to continue to grow in knowledge of Him and His Church. You are invited to Know Him more so as to Love Him deeply by attending a yearly Congress of the Sacred Heart to be held in Columbus in the Fall of the year.

To learn more about the enthronement of the Sacred Heart in your home please visit www.sacredheartcolumbus.org

“Welcome the presence of the Heart of Christ, entrusting your home to Him. Seek to draw from His open heart the saving, healing love that is so necessary for families today in order to build a civilization of love.”

~Pope St. John Paul II, 1995
The Church in America
What is the Enthronement?

- a ceremony where Jesus is invited into your home and is given authority over your family/household.

- a ceremony that takes place in your home as an act of homage offered to Jesus Christ, King of Kings.

- a social recognition of the kingship of Jesus over the home and all of society.

- an act of reparation to make up for all who have “dethroned” Jesus in our secular world.

- an event where an image of Our Lord’s Sacred Heart is given a place of honor in the home.

“I will reign through my heart, despite Satan and his agents”
~Our Lord to St. Margaret Mary of Alacoque

Why do I need to Enthrone an Image of the Sacred Heart of Jesus in my home?

- The request is directly from Jesus Himself. He told St. Margaret Mary of Alacoque that He would bless each home where a picture of His Sacred Heart is exposed and honored.

- As the family/household receives Jesus in the Eucharist at Holy Mass, Jesus desires through His Image to remain present spiritually in their home, “the domestic church.”

- The Image of the Sacred Heart is more than just a picture. It is meant to draw us toward God and enlighten our soul with Divine Truths.

“If anyone loves me, my Father will love him and We will come to him and make our home with him.”
~John 14:23

How is an Enthronement done in my home?

- You will be provided with all the materials necessary for the Enthronement process.

- On the day of the ceremony, the head of the family/individual carries the Image of the Sacred Heart to His place of honor in the home.

- After the Image has been set in a place of honor, the family/individual publicly consecrates themselves to Jesus Christ.

- The Enthronement covenant is signed.

- The family/individual celebrates together as the work of the restoration of society begins with their family/household.

The 12 promises of Our Lord to those who venerate His Sacred Heart:

1. I will give them all the graces necessary for their state in life.

2. I will give peace in their families.

3. I will console them in all their troubles.

4. They shall find in My Heart an assured refuge during life and especially at the hour of death.

5. I will pour abundant blessings on all their undertakings.

6. Sinners shall find in My Heart the source and Infinite Ocean of mercy.

7. Tepid souls shall become fervent.

8. Fervent souls shall speedily rise to great perfection.

9. I will bless the homes in which the Image of My Sacred Heart shall be exposed and honored.

10. I will give to priests the power to touch the most hardened hearts.

11. Those who propagate this devotion shall have their name written in My Heart, and it shall never be effaced.

12. The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months, the grace of final repentance; they shall not die under My displeasure, nor without receiving their Sacraments; My Heart shall be their assured refuge at the last hour.